

# Breakfast Pre-K

MAY 2024

MON	TUE	WED	THU	FRI
		1 Rice Chex w/ 100% Apple Juice	2 Cinnamon Raisin Bagel w/ Butter & 100% Fruit Juice	3 Banana Muffin w/ Diced Peaches
6 Blueberry Muffin w/ 100% Fruit Juice	7 Multi-Grain Cinnamon Flakes w/ Diced Peaches	8 Multi-Grain Cheerios w/ Fresh <b>Fresh Apple</b>	9 Yogurt w/ 100% Orange Juice	10 Cheerios w/ 100% Grape Juice
13 Multi-Grain Frosted Flakes w/ 100% Grape Juice	14 Yogurt w/ Fresh <b>Fresh Apple</b>	15 Honey Cheerios w/ Mixed Fruit Cup	16 Cinnamon Raisin Bagel w/ Butter & 100% Fruit Juice	17 Banana Muffin w/ 100% Fruit Juice
20 Blueberry Muffin w/ 100% Fruit Juice	21 Multi-Grain Cheerios w/ 100% Orange Juice	22 Corn Muffin w/ <b>Fresh Apple</b>	23 Yogurt w/ 100% Orange Juice	24 Cheerios w/ 100% Grape Juice
27	28 Yogurt w/ <b>Fresh Apple</b>	29 Rice Chex w/ 100% Apple Juice	30 Cinnamon Raisin Bagel w/ Butter & 100% Fruit Juice	31 Banana Muffin w/ Diced Peaches

## DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

### Breakfast Milk Choices

1% Milk and Skim Milk

### Please Note

Locally Grown Component Served Daily

Menu is subject to change.

Vegetarian Meal Options are indicated with a "V"





# Breakfast K-12

MAY 2024

MON	TUE	WED	THU	FRI
		1 Multi-Grain Frosted Flakes w/Graham Crackers <b>or</b> Cinnamon Butter Honey Biscuit  Diced Peaches & 100% Grape Juice	2 Cinnamon Toast Crunch w/Graham Crackers <b>or</b> Pancakes w/ Syrup <b>Fresh Apple &amp; 100% Orange Juice</b>	3 Cinnamon Crisp Bar  Raisins & 100% Grape Juice
6 Cherry Cocoa Bar Fresh Pear & 100% Very Berry Juice	7 Strawberry Yogurt w/ Graham Crackers <b>or</b> Cinnamon Bun <b>Fresh Apple &amp; Diced Pineapple</b>	8 Honey Cheerios w/ Graham Crackers <b>or</b> Cinnamon Butter Honey Biscuit  Diced Peaches & 100% Grape Juice	9 Plain Bagel w/ Cream Cheese (V) <b>or</b> Mini Sausage & Cheese Flatbread <b>Fresh Apple &amp; 100% Orange Juice</b>	10 Apple Jacks w/ Graham Crackers  Raisins & 100% Grape Juice
13 Multi-Grain Cheerios w/ Graham Crackers Raisins & Applesauce	14 Strawberry Yogurt w/ Graham Crackers <b>or</b> Pancakes w/ Syrup <b>Fresh Apple &amp; Diced Pineapple</b>	15 Cinnamon Raisin Bagel w/ Butter <b>or</b> French Toast w/ Syrup  Diced Peaches & 100% Grape Juice	16 Honey Cheerios w/ Graham Crackers <b>or</b> Cinnamon Bun <b>Fresh Apple &amp; 100% Orange Juice</b>	17 Cherry Cocoa Bar  Fresh Pear & 100% Very Berry Juice
20 Cinnamon Crisp Bar  Raisins & 100% Grape Juice	21 Strawberry Yogurt w/ Graham Crackers (V) <b>or</b> Breakfast Pizza <b>Fresh Apple &amp; Diced Pineapple</b>	22 Multi-Grain Cinnamon Flakes w/Graham Crackers <b>or</b> Apple Frudel  Diced Peaches & 100% Grape Juice	23 Plain Bagel w/ Cream Cheese <b>or</b> Waffles w/ Syrup <b>Fresh Apple &amp; 100% Orange Juice</b>	24 Blueberry Muffin  Fresh Orange & 100% Very Berry Juice
27	28 Strawberry Yogurt w/ Graham Crackers <b>Fresh Apple &amp; Diced Pineapple</b>	29 Multi-Grain Frosted Flakes w/Graham Crackers <b>or</b> Cinnamon Butter Honey Biscuit  Diced Peaches & 100% Grape Juice	30 Cinnamon Toast Crunch w/Graham Crackers <b>or</b> Pancakes w/ Syrup <b>Fresh Apple &amp; 100% Orange Juice</b>	31 Cinnamon Crisp Bar  Raisins & 100% Grape Juice

## DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

### Breakfast Milk Choices

1% Milk and Skim Milk

### Please Note

**Locally Grown Component Served Daily**

Menu is subject to change.  
Vegetarian Meal Options are indicated with a "V"





# Lunch Pre-K

MAY 2024

MON	TUE	WED	THU	FRI
		1 Turkey Salsa Bowl w/ Ranchero Rice & Pinto Beans <b>or</b> Home Style Macaroni & Cheese w/ Broccoli (V)  Fresh Apple	2 Meatloaf w/ Gravy & Mashed Potatoes <b>or</b> Penne w/ Chickpeas in Tomato Sauce Broccoli (V)  Fresh Apple	3 Cheese Pizza (V) Garden Salad w/ Ranch Dressing  Fresh Apple
6 Chicken Parmesan w/ Green Beans <b>or</b> Penne Pasta in Tomato Sauce w/ Mozzarella Cheese & Italian Vegetables (V)  Fresh Apple	7 Spanish Rice & Beans (V)  Plantain  Fresh Apple	8 Salisbury Steak w/ Roasted Potatoes <b>or</b> Falafel Nuggets w/ Whole Wheat Bread Slice & Corn (V)  Fresh Pear	9 BBQ Chicken w/ Sweet Mashed Potatoes <b>or</b> Home-Style Macaroni & Cheese w/ Broccoli (V)  Fresh Apple	10 Turkey Fajita w/ Brown Rice & Corn <b>or</b> Cheese Pizza w/ Garden Salad & Ranch Dressing (V)  Fresh Apple
13 Chicken Meatballs w/ Tomato Sauce, Mozzarella Cheese & Sub Roll <b>or</b> Cheese Raviolis w/ Tomato Sauce & Italian Vegetables (V)  Fresh Apple	14 Chicken Mole w/ Brown Rice Pilaf & Green Peas <b>or</b> Spanish Rice & Beans w/ Plantain (V)  Fresh Pear	15 Chicken Fingers w/ Ketchup <b>or</b> Falafel Nuggets w/ Whole Wheat Bread Slice (V)  Corn  Fresh Apple	16 Penne w/ Beef Meat Sauce & Italian Vegetables <b>or</b> Penne w/ Chickpeas in Tomato Sauce Broccoli (V)  Fresh Apple	17 Home-Style Macaroni & Cheese (V)  Broccoli  Fresh Apple
20 Chicken Bites w/ Roasted Potatoes <b>or</b> Vegetarian Chili w/ Brown Rice & Green Beans (V)  Fresh Apple	21 Turkey Chili w/ Whole Wheat Bread Slice & Mixed Vegetables <b>or</b> Spanish Rice & Beans w/ Plantain (V)  Fresh Apple	22 Cheese Raviolis w/ Tomato Sauce (V)  Italian Vegetables  Fresh Pear	23 Adobo Chicken w/ Cilantro Brown Rice & Street Corn <b>or</b> Home-Style Macaroni & Cheese w/ Broccoli (V)  Fresh Apple	24 Penne Pasta in Tomato Sauce w/ Mozzarella & Ricotta Cheese (V)  Italian Vegetables  Fresh Apple
27	28 Pasta & Chicken Meatballs in Tomato Sauce w/ Italian Vegetables <b>or</b> Falafel Nuggets w/ Whole Wheat Bread Slice & Corn (V)  Fresh Pear	29 Turkey Salsa Bowl w/ Ranchero Rice & Pinto Beans <b>or</b> Home Style Macaroni & Cheese w/ Broccoli (V)  Fresh Apple	30 Meatloaf w/ Gravy & Mashed Potatoes <b>or</b> Penne w/ Chickpeas in Tomato Sauce Broccoli (V)  Fresh Apple	31 Cheese Pizza (V) Garden Salad w/ Ranch Dressing  Fresh Apple

## DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

### Lunch Milk Choices

1% Milk and Skim Milk

### Please Note

Locally Grown Component Served Daily

Menu is subject to change. Vegetarian Meal Options are indicated with a "V"





# Lunch K-8

MAY 2024


MON	TUE	WED	THU	FRI
		1 Hot Honey Chicken Ciabatta Sandwich <b>or</b> French Toast Sticks w/ Scrambled Eggs (V) Roasted Sweet Potatoes <b>Fresh Apple</b>	2 Adobo Chicken w/ Cilantro Brown Rice & Street Corn <b>or</b> Veggie Burger w/ Ketchup & Roasted Potatoes (V) Fresh Banana	3 Egg Salad Sandwich (V) <b>or</b> French Bread Cheese Pizza (V) Celery w/ Ranch Dressing <b>Fresh Apple</b>
6 Meatloaf w/ Gravy, Mashed Potatoes & Whole-Wheat Bun <b>or</b> Cheese Quesadilla w/ Sour Cream and Street Corn (V) <b>Fresh Apple</b>	7 BBQ Chicken w/ Brown Rice & Baked Beans <b>or</b> Spanish Rice w/ Beans & Cheese (V) Fresh Pear	8 Buffalo Chicken Melt Flatbread Celery Sticks w/ Ranch Dressing <b>or</b> Cheese Raviolis w/ Green Beans (V) <b>Fresh Apple</b>	9 Turkey Fajita w/ Brown Rice & Carrots <b>or</b> Stuffed Bread Sticks w/ Marinara Sauce & 100% Vegetable Juice (V) Fresh Banana	10 NEW! Southwestern Chicken Salad w/ Pita Bread & Ranch Dressing <b>or</b> Cheese Pizza w/ Garden Salad & Ranch Dressing <b>Fresh Apple</b>
13 BBQ Beef Meatballs w/ Club Roll <b>or</b> Pasta w/ Tomato Sauce & Mozzarella Cheese (V) Broccoli <b>Fresh Apple</b>	14 Chicken Tenders w/ Ketchup & Roasted Potatoes <b>or</b> Protein Pasta Alfredo w/ Whole-Wheat Bread Slice & Peas (V) Fresh Pear	15 Turkey Hot Dog w/ Ketchup & Baked Beans <b>or</b> Spanish Rice w/ Beans & Cheese (V) <b>Fresh Apple</b>	16 Chicken Caesar Salad w/ Pita Bread & Ranch Dressing <b>or</b> Cheese Lasagna in Tomato Sauce w/ Green Beans (V) Fresh Banana	17 Chicken Breast Sandwich w/ Mayo <b>or</b> French Bread Cheese Pizza (V) Baby Carrots w/ Ranch Dressing <b>Fresh Apple</b>
20 Beef Cheeseburger w/ Ketchup <b>or</b> Egg & Cheese Sandwich w/ Ketchup (V) Roasted Potatoes <b>Fresh Apple</b>	21 Turkey Salsa Bowl w/ Ranchero Rice & Pinto Beans <b>or</b> NEW! Latin Bean Melt Flatbread (V) Fresh Pear	22 Spaghetti & Beef Meatballs in Tomato Sauce w/ Broccoli <b>or</b> Veggie Burger w/ Ketchup Garden Side Salad w/ Ranch Dressing (V) <b>Fresh Apple</b>	23 Crispy Cheesy Chicken Biscuit Sandwich Celery Sticks w/ Ranch Dressing <b>or</b> Cobb Salad w/ Pita Bread (V) Fresh Banana	24 Turkey & Cheese Sandwich w/ Mayo <b>or</b> Cheese Pizza (V) Baby Carrots w/ Ranch Dressing <b>Fresh Apple</b>
27	28 Beef Meatballs in Tomato Sauce w/ Club Roll <b>or</b> Home-Style Macaroni & Cheese (V) Broccoli Fresh Pear	29 Hot Honey Chicken Ciabatta Sandwich <b>or</b> French Toast Sticks w/ Scrambled Eggs (V) Roasted Sweet Potatoes <b>Fresh Apple</b>	30 Adobo Chicken w/ Cilantro Brown Rice & Street Corn <b>or</b> Veggie Burger w/ Ketchup & Roasted Potatoes (V) Fresh Banana	31 Egg Salad Sandwich (V) <b>or</b> French Bread Cheese Pizza (V) Celery w/ Ranch Dressing <b>Fresh Apple</b>

## DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

**Lunch Milk Choices**  
1% Milk and Skim Milk

**Please Note**  
**Locally Grown Component Served Daily**  
Menu is subject to change.  
Vegetarian Meal Options are indicated with a "V"





# Lunch 9-12

MAY 2024

MON	TUE	WED	THU	FRI
		1 Hot Honey Chicken Ciabatta Sandwich <b>or</b> French Toast Sticks w/ Scrambled Eggs & Graham Crackers (V)  Roasted Sweet Potatoes  Fresh Banana & Fresh Apple	2 Adobo Chicken w/ Cilantro Brown Rice & Street Corn <b>or</b> Veggie Burger w/ Ketchup & Roasted Potatoes (V)  Diced Pineapple & Fresh Banana	3 Egg Salad Sandwich (V) <b>or</b> French Bread Cheese Pizza (V)  Celery Sticks w/ Ranch Dressing  Fresh Apple & Raisins
6 Meatloaf w/ Gravy, Mashed Potatoes & Dinner Roll <b>or</b> Cheese Quesadilla w/ Sour Cream and Street Corn (V)  Fresh Apple & Fresh Orange	7 BBQ Chicken w/ Brown Rice & Baked Beans <b>or</b> Spanish Rice & Beans w/ Cheese (V)  Diced Peaches & Fresh Pear	8 Buffalo Chicken Melt Flatbread & Celery Sticks w/ Ranch Dressing <b>or</b> Edamame Noodle Bowl w/ Blended Vegetables (V)  Fresh Banana & Fresh Apple	9 Turkey Fajita w/ Brown Rice & Carrots <b>or</b> Stuffed Bread Sticks w/ Marinara Sauce & 100% Vegetable Juice (V)  Diced Pineapple & Fresh Banana	10 <b>NEW!</b> Southwestern Chicken Salad w/ Pita Bread <b>or</b> Cheese Pizza (V)  Garden Salad w/ Ranch Dressing  Fresh Apple & Raisins
13 BBQ Beef Meatballs w/ Whole Wheat Bread Slice <b>or</b> Pasta w/ Tomato Sauce & Mozzarella Cheese (V) Broccoli  Fresh Apple & Fresh Orange	14 Chicken Tenders w/ Ketchup & Roasted Potatoes <b>or</b> Protein Pasta Alfredo w/ Peas (V)  Diced Peaches & Fresh Pear	15 Turkey Hot Dog w/ Ketchup & Baked Beans <b>or</b> Spanish Rice & Beans w/ Cheese (V)  Fresh Banana & Fresh Apple	16 Chicken Caesar Salad w/ Pita Bread <b>or</b> Home-Style Macaroni & Cheese w/ Broccoli (V)  Diced Pineapple & Fresh Banana	17 Chicken Breast Sandwich w/ Mayo <b>or</b> French Bread Cheese Pizza (V) Baby Carrots w/ Ranch Dressing  Fresh Apple & Raisins
20 Beef Cheeseburger w/ Ketchup <b>or</b> Egg & Cheese Sandwich w/ Ketchup (V)  Roasted Potatoes  Fresh Apple & Fresh Orange	21 Turkey Salsa Bowl w/ Ranchero Rice & Pinto Beans <b>or</b> <b>NEW!</b> Latin Bean Melt Flatbread (V)  Diced Peaches & Fresh Pear	22 Spaghetti & Beef Meatballs in Tomato Sauce w/ Broccoli <b>or</b> Veggie Burger w/ Ketchup Garden Side Salad w/ Ranch Dressing (V)  Fresh Banana & Fresh Apple	23 Crispy Cheesy Chicken Biscuit Sandwich Celery Sticks w/ Ranch Dressing <b>or</b> Cobb Salad w/ Pita Bread (V)  Diced Pineapple & Fresh Banana	24 Turkey & Cheese Sandwich w/ Mayonnaise <b>or</b> Cheese Pizza (V)  Baby Carrots w/ Ranch Dressing  Fresh Apple & Raisins
27	28 Beef Meatballs in Tomato Sauce w/ Mozzarella Cheese <b>or</b> Home-Style Macaroni & Cheese (V)  Broccoli  Diced Peaches & Fresh Pear	29 Hot Honey Chicken Ciabatta Sandwich <b>or</b> French Toast Sticks w/ Scrambled Eggs & Graham Crackers (V)  Roasted Sweet Potatoes  Fresh Banana & Fresh Apple	30 Adobo Chicken w/Cilantro Brown Rice & Street Corn <b>or</b> Veggie Burger w/ Ketchup & Roasted Potatoes (V)  Diced Pineapple & Fresh Banana	31 Egg Salad Sandwich (V) <b>or</b> French Bread Cheese Pizza (V) Celery Sticks w/ Ranch Dressing  Fresh Apple & Raisins

## DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

**Lunch Milk Choices**  
1% Milk and Skim Milk

**Please Note**  
Locally Grown Component  
Planned Daily

Menu is subject to change.  
Vegetarian Meal Options are indicated with a "V"





# Snack Pre-K

MAY 2024

MON	TUE	WED	THU	FRI
		1 Blueberry Muffin w/ Mozzarella String Cheese	2 Strawberry Yogurt w/ Whole-Grain Graham Crackers	3 Whole-Grain Cheez-its w/ 100% Fruit Juice
6 Strawberry Yogurt w/ Whole-Grain Graham Crackers	7 Tostitos Scoops w/ 100% Orange Juice	8 Whole-Grain Cheez-its w/ 100% Fruit Juice	9 Apple Cinnamon Muffin w/ Mozzarella String Cheese	10 Whole-Grain Pretzels w/ Sunbutter
13 Blueberry Muffin w/ Mozzarella String Cheese	14 Whole-Grain Cheez-its w/ 100% Fruit Juice	15 Whole-Grain Pretzels w/ 100% Orange Juice	16 Mozzarella String Cheese w/ Fresh Large Apple	17 Strawberry Yogurt w/ Whole-Grain Graham Crackers
20 Whole-Grain Pretzels w/ Sunbutter	21 Banana Muffin w/ Fresh Large Apple	22 Whole Grain Sunchips w/ 100% Orange Juice	23 Whole-Grain Pretzels w/ Mozzarella String Cheese	24 Tostitos Scoops w/ Fresh Large Apple
27	28 Whole-Grain Sunchips w/ 100% Orange Juice	29 Blueberry Muffin w/ Mozzarella String Cheese	30 Strawberry Yogurt w/ Whole-Grain Graham Crackers	31 Whole-Grain Cheez-its w/ 100% Fruit Juice

## DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup





# Snack K-12

MAY 2024

MON	TUE	WED	THU	FRI
		1 Blueberry Muffin w/ Mozzarella String Cheese	2 Whole-Grain Cheez-its w/ 100% Fruit Juice	3 Tostitos Scoops w/ 100% Apple Juice
6 Whole-Grain Cheez-its w/ 100% Fruit Juice	7 Doritos Cool Ranch w/100% Orange Juice	8 Whole-Grain Graham Crackers w/ 100% Apple Juice	9 Apple Cinnamon Muffin w/ Mozzarella String Cheese	10 Whole-Grain Pretzels w/ 100% Orange Juice
13 Banana Muffin w/ 100% Orange Juice	14 Baked Cheetos w/ 100% Fruit Juice	15 Whole-Grain Graham Crackers w/Strawberry Yogurt	16 Whole-Grain Pretzels w/ Mozzarella String Cheese	17 Corn Muffin w/ 100% Orange Juice
20 Roasted Sunflower Seeds w/ 100% Fruit Juice	21 Whole-Grain Cheez-its w/ Baby Carrots & Ranch Dressing	22 Whole Grain Sunchips w/ 100% Orange Juice	23 Mozzarella String Cheese w/ Fresh Large Apple	24 Whole-Grain Graham Crackers w/ 100% Orange Juice
27	28 Whole-Grain Graham Crackers w/ 100% Fruit Juice	29 Blueberry Muffin w/ Mozzarella String Cheese	30 Whole-Grain Cheez-its w/ 100% Fruit Juice	31 Tostitos Scoops w/ 100% Apple Juice

## DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup





# Supper Grab&Go

MAY 2024

MON	TUE	WED	THU	FRI
		1 Build Your Own Pizza Kit (V) Fresh Orange	2 Chicken Salad Sandwich Side Salad w/ Ranch Dressing Fresh Pear <b>or</b> Honey Bagel w/ Butter (V) Mozzarella Cheese Sticks Side Salad w/ Ranch Dressing Pineapple Cup	3 Turkey Ham & Cheese Sandwich w/ 100% Vegetable Juice <b>or</b> Strawberry Yogurt w/ Granola Drops (V) Baby Carrots Applesauce
6 Strawberry Yogurt w/ Granola Drops (V) Baby Carrots Applesauce	7 Egg Salad Sandwich w/ Potato Salad & Diced Peaches (V) <b>or</b> Build Your Own Pizza Kit (V) Fresh Orange	8 Turkey Bologna & Cheese Sandwich w/ Baby Carrots Fresh Apple <b>or</b> Sunbutter & Jelly Sandwich w/ String Cheese, Baby Carrots & Diced Peaches (V)	9 Honey Bagel w/ Butter (V) Mozzarella Cheese Sticks Garden Side Salad w/ Ranch Dressing Pineapple Cup	10 Turkey & Cheese Sandwich w/ 100% Vegetable Juice & Fresh Orange <b>or</b> Cheese Sandwich w/ 100% Vegetable Juice & Pineapple Cup (V)
13 Sunbutter & Jelly Sandwich w/ Mozzarella String Cheese (V) Baby Carrots Diced Peaches	14 Italian Caprese Sandwich w/ Potato Salad <b>or</b> Cheese Sandwich w/ 100% Vegetable Juice (V) Pineapple Cup	15 Build Your Own Pizza Kit (V) Fresh Orange	16 Chicken Salad Sandwich Side Salad w/ Ranch Dressing & Fresh Pear <b>or</b> Honey Bagel w/ Butter (V) Mozzarella Cheese Sticks Side Salad w/ Ranch Dressing Pineapple Cup	17 Turkey Ham & Cheese Sandwich w/ 100% Vegetable Juice <b>or</b> Strawberry Yogurt w/ Granola Drops (V) Baby Carrots Applesauce
20 Strawberry Yogurt w/ Granola Drops (V) Baby Carrots Applesauce	21 Egg Salad Sandwich w/ Potato Salad & Diced Peaches (V) <b>or</b> Build Your Own Pizza Kit (V) Fresh Orange	22 Buffalo Chicken Flatbread Sandwich w/ Celery & Fresh Apple <b>or</b> Sunbutter & Jelly Sandwich w/ String Cheese, Baby Carrots & Diced Peaches (V)	23 Honey Bagel w/ Butter (V) Mozzarella Cheese Sticks Garden Side Salad w/ Ranch Dressing Pineapple Cup	24 Turkey & Cheese Sandwich w/ 100% Vegetable Juice & Fresh Orange <b>or</b> Cheese Sandwich w/ 100% Vegetable Juice & Pineapple Cup (V)
27 Chicken Breast Sandwich w/ Baby Carrots & Pineapple Cup <b>or</b> Cheese Sandwich w/ 100% Vegetable Juice & Pineapple Cup (V)	28 Build Your Own Pizza Kit (V) Fresh Orange	29 Build Your Own Pizza Kit (V) Fresh Orange	30 Chicken Salad Sandwich Side Salad w/ Ranch Dressing Fresh Pear <b>or</b> Honey Bagel w/ Butter (V) Mozzarella Cheese Sticks Side Salad w/ Ranch Dressing Pineapple Cup	31 Turkey Ham & Cheese Sandwich w/ 100% Vegetable Juice <b>or</b> Strawberry Yogurt w/ Granola Drops (V) Baby Carrots Applesauce

## DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and No High Fructose Corn Syrup

### Milk Choices

1% Milk and Skim Milk

### Please Note

Menu is subject to change.  
Vegetarian Meal Options are indicated with a "V"





# Supper Full Fresh

MAY 2024

MON	TUE	WED	THU	FRI
		1 Turkey Salsa Bowl w/ Ranchero Rice & Seasoned Pinto Beans  Fresh Apple	2 Turkey & Cheese Sandwich  Garden Side Salad w/Ranch Dressing  Pineapple Cup	3 Cheese Pizza (V)  Garden Side Salad w/ Ranch Dressing  Fresh Apple
6 Chicken Parmesan w/ Green Beans  Fresh Apple	7 Hero Sandwich w/ Potato Salad  Fresh Orange	8 Salisbury Steak w/ Roasted Potatoes  Fresh Pear	9 Honey Bagel w/ Butter & Mozzarella String Cheese(V)  Garden Side Salad w/Ranch Dressing  Fresh Apple	10 Turkey Fajita w/ Brown Rice and Corn  Fresh Apple
13 Chicken Meatballs in Tomato Sauce w/ Mozzarella Cheese  Italian Vegetables  Fresh Apple	14 Chicken Breast Sandwich w/ Baby Carrots & Ranch Dressing  Fresh Pear	15 Chicken Fingers w/ Ketchup & Corn  Fresh Apple	16 Turkey & Cheese Sandwich  Garden Side Salad w/ Ranch Dressing  Pineapple Cup	17 Home-Style Macaroni & Cheese w/ Broccoli (V)  Fresh Apple
20 Chicken Bites w/ Roasted Potatoes  Fresh Apple	21 Hero Sandwich w/ Potato Salad  Fresh Apple	22 Cheese Ravioli w/ Tomato Sauce (V)  Italian Vegetables  Fresh Pear	23 Honey Bagel w/ Butter Mozzarella String Cheese(V)  Garden Side Salad w/ Ranch Dressing  Fresh Orange	24 Penne w/ Tomato Sauce, Mozzarella & Ricotta Cheese (V)  Italian Vegetables  Fresh Apple
27	28 Chicken Breast Sandwich w/ Baby Carrots & Ranch Dressing  Fresh Pear	29 Turkey Salsa Bowl w/ Ranchero Rice & Seasoned Pinto Beans  Fresh Apple	30 Turkey & Cheese Sandwich  Garden Side Salad w/Ranch Dressing  Pineapple Cup	31 Cheese Pizza (V)  Garden Side Salad w/ Ranch Dressing  Fresh Apple

## DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

### Milk Choices

1% Milk and Skim Milk

### Please Note

Menu is subject to change.  
Vegetarian Meal Options are indicated with a "V"

